






























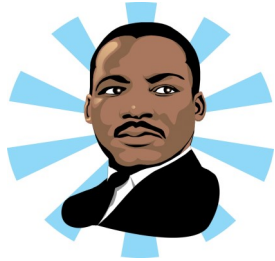



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Day Mummers Day Parade on TV Pet Visit Mayble 10:00 Coffee & Reminiscing 10:30 Happenings & Highlights 11:00 What's your Resolution ? 2:00 New Years Bingo 3:30 Room Visits	2 9:45 Hot Beverages 10:30 Warm Up Exercises 2:00 Resident's Choice 3:00 Manicures and Music 6:00 Obie Games 	3 Mind-Body Wellness Day Beauty Salon 9:45 Coffee and Word of the Day 10:00 Blizzard Exercises 10:30 Holy Rosary & Prayers 1:30 Water Color Salt Painting 3:30 Room Visits	4 National Trivia Day  9:45 Gulps and Gossip 10:00 Get the Picture 10:30 Horoscopes & Signs 11:00 Disco Dancing Aerobics 2:00 Who, what Where & When 6:00 Obie Games	5  9:45 Java & Chronical 10:30 Caption This Photo 11:00 Learn the Macarena 2:00 Lisa Vanderweerd Entertainment 3:30 Room Visits 	6 Feast of the Epiphany  9:45 Coffee & News 10:30 Scattergories 11:15 Foot & Ankle Movements 2:00 Bingo 3:30 Room Visits
7 Place your Bets Football Pool 9:45 Coffee & Tea Time 10:30 Bible Trivia 11:00 Arm Exercises in a Circle 1:00 Passing out Religion Dittos 2:00 Bible Study 2:30 Name 10 Game 3:30 Obie Game System 	8 Elvis Birthday Pet Visit Mayble Beauty Salon 9:45 Coffee & Reminiscing 10:30 Packing up the Holiday 11:00 Balloon Volley 1:30 AC Poker 2:00 Bingo 3:30 Room Visits 	9 Trip to Brownstone Pancake Factory 9:45 Hot Beverages 10:30 Vocal Exercises 11:00 Jar Brain Game 2:00 Skiing Grannie Craft 6:00 Obie Games 	10 9:45 Coffee and Word of the Day 10:30 The year was 1955 11:00 Sing a Long to Elvis 1:30 Elvis Party with Peanut butter Banana Platter 3:30 Room Visits 	11 9:45 Gulps and Gossip 10:30 Worst Case Scenario 11:30 Learn Morse Code 2:00 Winter Jeopardy 6:00 Obie Games	12 Wear a Scarf Day  9:45 Java & Chronical 10:30 Elvis Trivia 11:00 Boxing Exercise 2:00 Entertainment w/ John Harvey 3:30 Room Visits 	13 9:45 Coffee & News 10:30 Visionary Board 2:00 Bingo 3:15 Elvis Illustrations to Elvis Music 3:30 Room Visits 
14 9:45 Coffee & Tea Time 10:30 Trivia Challenge 11:00 Truth or Dare Exercises 1:00 Passing out Religion Dittos 2:00 Bible Study 2:30 Hang Man 3:30 Obie Game System 	15 Martin Luther King Day Pet Visit Mayble 9:45 Coffee & Bio on Martin Luther King 10:00 Design your own Hat 11:00 Toss Across Game 2:00 MLK Bingo	16  9:45 Hot Beverages 10:00 Brain Teasers 2:00 Winter Crafting 6:00 Obie Games	17 Beauty Salon 9:45 Coffee and News 10:30 Holy Rosary & Prayers  11:00 Sing a Long Country 1:30 Peanut Penguins crafting 3:30 Room Visits	18 Day Before National Popcorn Day  9:45 Gulps and Gossip 10:30 Fact or Crap 11:00 Disco Dancing Aerobics 2:00 Popcorn and Movie 6:00 Evening Games	19  9:45 Java & Chronical 10:30 Left, Right, & Center 11:00 Truth or Exercise 2:00 Rocking Birthday's with Sweet Sounds of Angela 3:30 Room Visits 	20  9:45 Coffee, Tea and Me 10:30 Upper Body Movements 11:00 Illustrations to Latin Music 2:00 Bingo 3:30 Room Visits
21 Activities Professional Week Ready for some Football 9:45 Coffee & Tea Time 10:30 Trivia Challenge 11:00 Leg Exercises in a Circle 1:00 Passing out Religion Dittos 2:00 Bible Study 2:30 Name that Tune 3:30 Obie Game System 	22 Pet Visit Mayble Beauty Salon 9:45 Coffee & Reminiscing 10:30 What's in the Bag 11:00 Balloon Volley 1:30 AC Poker 2:00 Football Bingo 3:30 Room Visits 	23  9:45 Hot Beverages 10:30 Fun Optical Illusions 11:00 Toss the Football 1:30 Menu Planning Mtg. 1:30 Manicures and Music 6:00 Obie Games	24 9:45 Coffee and Word of the Day 10:30 Holy Rosary & Prayers 11:00 Belly Laughing Joke Day 1:30 Resident Council Meeting 1:30 Football Crafting with Megan P. 3:30 Room Visits	25 Full Moon (Cold Moon)  10:00 Gulps and Gossip 10:30 Yoga & Breathing 11:00 Football Trivia 2:00 Activity/Fundraising Meeting 2:00 Residents Choice 6:00 Obie Game	26 Wear for Favorite Jersey Pet Therapy Herman  10:00 Java & Chronical 10:30 Dot to Dot Dittos 11:00 You Be the Judge 2:00 Football Social & Thank our Activity Staff 3:30 Room Visits 	27  10:00 Coffee & News 10:30 Lower Body Movements 11:15 Illustrations to Big Band 2:00 Bingo 3:30 Room Visits
28 10:00 Coffee & Tea Time 10:30 Trivia Challenge 11:00 Truth or Dare Exercises 1:00 Passing out Religion Dittos 2:00 Bible Study 2:30 Name 10 Game 3:30 Obie Game System	29 Pet Visit Mayble 10:00 Coffee & Reminiscing 10:30 Card Sharks 11:00 Toss Across Game 2:00 Bingo 3:30 Room Visits 	30 Valentines Raffle Basket Starts 10:00 Hot Beverages & Crossiants 10:30 Brain Games in a Jar 11:00 Fit Seniors 2:30 Heart Crafts by Megan 4:00 Room Visits 6:00 Obie Games 	31 Beauty Salon  10:00 Coffee & News 10:30 Holy Rosary & Prayers 11:00 I Spy Ditto 1:30 Making Frozen Bird Feeders 3:30 Room Visits 			All activity times and locations are subject to change. Please dress warm when going outside.



COMPLETECARE
— GREEN ACRES —

January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Morning	Morning	Morning	Morning	Morning	Morning
9:30 Morning Mass 10:00 Coffee Time 11:00 Animal of the Week Wk 1 Dragon Wk 2 Owls Wk 3 Penguins Wk 4 Polar Bears 12:30 Lunch Time	9:30 Winter Dancing 10:00 Cup of Joe Chronicle, Horoscopes Happenings 11:00 <u>Table Games</u> Wk 1 Connect 4 W2 Tic Tac Toe WK3 Mix & Match WK4 UNO 12:30 Lunch Time	9:30 Ring Fling 10:00 Hot Beverages 10:30 Organizing & Sorting 11:00 Fabulous Makeovers 12:30 Lunch Time	9:30 Jazzercise 10:00 Java Time 10:00 Rosary Group 10:30 <u>Cooking Club</u> Wk 1 Pigs in a Blanket Wk 2 Bananas & Peanut Butter Wk 3 Dreamy Dip w/Fruit Wk 4 Sugar Cookies 12:30 Lunch Time	9:30 Reaching High 10:00 Coffee Cart Weekly Update 10:30 Flash Cards 11:00- Sorting Tickets 12:30 Lunch Time	9:30 Winter Exercises 10:00 Morning Beverage Today in History 10:00 Helpers Club 11:00 Sing a long's to Music 12:30 Lunch Time	9:30 Hand & Feet 10:00 Coffee Time • Daily Chronicle • What's Happening in the News 10:30 Obie & Brain Teaser Games 11:30 Picture stories 12:30 Lunch Time
Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
1:30 Illustrations 2:00 Religion hymn Sing & Spiritual Lesson 2:30 Manicures & Massages & Lotions 3:30 Short Stories 5:30 Dinner Time	1:30 Sensory 2:00 Sing a Long 2:30 Arts & Crafts Wk 1 Water coloring Wk 2 Snow Scene Wk 3 Penguins Wk 4 Frozen Bird Feeders 3:30 Satin Hands 5:30 Dinner Time	1:30 Hand Massages 2:00 Aroma Therapy 3:00 Sorting Colors 5:30 Dinner Time	1:30 Name that Tune 2:00 What's that Smell 3:00 House Chores Sorting Socks, Folding Clothes, Reorganizing items 5:30 Dinner Time	1:30 Massages & Lotion Aroma Therapy 2:00 Music Circle With instruments 3:00 5:30 Dinner Time	1:30 Games 2:00 Men's & Women's 3:00 <u>Active Games</u> Wk 1 - Corn Hole Wk 2- Bowling W 3- Table Volley Ball W 4- Parachute 5:30 Dinner time	1:00 Head to toe stretch To Music 2:00 Child care 3:00 1:1 stations 5:30 Dinner Time
Evening	Evening	Evening	Evening	Evening	Evening	Evening
6:00 Netflix Movie Night	6:00 Netflix Movie Night	6:00 Netflix Movie Night	6:00 Netflix Movie Night	6:00 Netflix Movie Night	6:00 Netflix Movie Night	6:00 Netflix Movie Night

1/1- Mummies Day Parade on TV
 1/2- Manicures & Music
 1/3- Water Color Salt Painting
 1/5- Lisa Vanderweerd Entertainment
 1/8- Packing up the Holiday, AC Poker A, Bingo U2
 1/9- Skinning Grannie Craft
 1/10- Peanut Butter and Banana Platter
 1/11- Winter Jeopardy
 1/12- John Harvey Entertainment
 1/15- Martin Luther King Day and Bingo
 1/16- Winter Crafting
 1/17- Peanut Penguins
 1/18- Popcorn and Movies
 1/19- Rocking the Birthdays with Sweet Sounds of Angela
 1/22- AC Poker and Football Bingo
 1/23- Menu Planning and Manicures & Music
 1/24- Resident Council Meeting
 1/25- Full Cold Moon-Activity Planning & Fundraising meeting
 1/26- Football Social
 1/29- Bingo
 1/30- Heart Crafting with Megan
 1/31- Making Frozen Bird Feeders



Activity Programs are Subject to changes time and locations
 Religious Mass in 8am on EWTN Sundays and U Tube, please ask staff for assistance.
 All are welcome to all off unit to programs
 Beauty Salon Appointments can be made at front desk

Happy New Year!



**Sunday Bible Study
& Wednesday Rosary**

Pet Therapy
Monday Mayble
&
3rd Friday Herman

