

March- Complete Care Dining Service Inc. Monthly Menu

Week 1	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Wednesday 08/02/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Homemade Meatloaf w/ Dressing Mashed Potatoes Winter Blend Or Baked Chicken Leg, Macaroni & Cheese, California Blend Vegetables Dessert: Cake	Coffee/ Tea Assorted Snacks	Soup of the Day Egg Salad Sandwich Carrot Raisin Salad Or Grilled Corned Beef & Swiss Sandwich Spinach Salad Dessert: Fruit Cup	Coffee / Tea Assorted Snacks
Thursday 08/03/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Open Face Roasted Turkey w/ Cranberry Sauce Cornbread Stuffing Broccoli Florets Or Swedish Meatballs over Rice Mediterranean Blend Dessert: Jell-O	Coffee / Tea Assorted Snacks	Soup of the Day Hamburger on Bun, Tossed Salad Or Chicken Ceasar on Bun Marinated Vegetable Salad Dessert: Fruit Cups	Coffee/ Tea Assorted Snacks
Friday 08/04/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Sauerbraten, Seasoned Potatoes, Red Cabbage Or Chicken Breast over Pasta, Peas & Carrots Dessert: Pudding Cups	Coffee / Tea Assorted Snacks	Soup of the Day Ham & Cheese Sandwich Beet Salad Or Chili Con Carne Over Rice, Green Beans Dessert: Fruit Cups	Coffee/Tea Assorted Snacks
Saturday 08/05/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Classic Stuffed Cheese Manicotti w/ Bolognese Sauce, Tossed Salad, Bread Or Baked Ham, Seasoned Potatoes, Cauliflower Dessert: Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey Salad Sandwich, Greek Salad Or Classic Egg Salad Sandwich, Creamy Cole Slaw Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks

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Week 2	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 08/06/2023	Coffee/ Tea Assorted Pastry	Omelet, Pastry Assorted Hot/ Cold Cereal	Roast Turkey w/ Cranberry Sauce Cornbread Stuffing, Winter Blend Vegetables Or Homemade Meatloaf w/ Dressing, Sweet Potatoes, Wax Beans Dessert: Ice Cream	Coffee/Tea Assorted Snacks	Soup of the Day Fish Cake Sandwich on Bun, Coleslaw Or Submarine Sandwich, Tomato Cucumber Salad Dessert: Fruit Cup	Coffee / Tea Assorted Snacks



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Monday 08/07/2023	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Baked Chicken w/ Sauce, Buttered Noodles California Blend Vegetables Or Calves Liver w/ Onion, Mashed Potatoes, Zucchini Dessert: Pudding Cup	Coffee/Tea Assorted Snacks	Soup of the Day Cheeseburger on Bun, Lettuce, Tomato, Onion Or Cheese Dog on Bun, Baked Beans, Sauerkraut Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks
Tuesday 08/08/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Veal Marsela, Baked Potatoes W/ Sour Cream, Broccoli Spears Or Homemade Salisbury Steak w/ Gravy Buttered Noodles, Spinach Dessert: Cake	Coffee/Tea Assorted Snacks	Soup of the Day Baked Moni Cristo (Ham, Turkey Swiss on French Toast), Marinated Beets Or Pulled Pork on Bun, Green Beans Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks
Wednesday 08/09/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Stuffed Shells w/ Bolognese Sauce Tossed Salad Or Baked Ham, Seasoned Potatoes, Cauliflower Dessert: Fruited Jell-O w/ Topping	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Salad Sandwich, Carrot Raisin Salad Or Salami & Cheese Sandwich, Spinach Salad Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks
Thursday 08/10/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Breaded Flounder, Mashed Sweet Potatoes, Spinach Or Homemade Stuffed Peppers, Rice, Mixed Vegetables Dessert: Cake	Coffee/Tea Assorted Snacks	Soup of the Day Grilled Ham & Cheese Sandwich, Grandma's Carrot Raisin Salad Or Cottage Cheese, Fresh Fruit, Homemade Blueberry Muffin Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks
Friday 08/11/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Pork Chops, Seasoned Potatoes, Carrots Or Sheppard's Pie, Green Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Filet on Bun, 3-Bean Salad Or Meatloaf Sandwich, Coleslaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 08/12/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Pepper Steak w/ Gravy Over Rice, Oriental Blend Vegetables Or 3-Cheese Macaroni & Cheese, Stewed Tomatoes Dessert: Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey Sandwich with Lettuce, Tomato Or Tuna Salad Sandwich, Marinated Beets Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 3	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 08/13/2023	Coffee/ Tea Assorted Pastry	Omelet, Pastry Assorted Hot/ Cold Cereal	Roasted Pork, Sweet Potatoes, Wax Beans Or Breaded Veal Cutlet w/ Gravy over Cous Cous, Winter Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Meatball Sub w/ Grated Cheese, Broccoli Or Italian Sandwich, Homemade Carrot Raisin Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 08/14/2023	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Corn Beef, Boiled Potatoes, Cabbage Or Tilapia Filets, Succotash, Stewed Tomatoes Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Hot Open-Faced Turkey Sandwich, Spinach Or Egg & Cheese on Bun, Marinated Vegetable Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 08/15/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Spaghetti & Sausage Sauce, Tossed Salad Or Salisbury Steak Smothered in Onion, Seasoned Potatoes, Prince Edward Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Filet Sandwich, Lettuce & Tomato Or Egg Frittata, Hashbrown Potatoes, Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 08/16/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Hungarian Goulash over Wide Egg Noodles, Stewed Vegetables Or Stuffed Cabbage Rolls, Lumpy Mashed Potatoes, Dill Carrots Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Pepperoni Pizza w/ Tossed Garden Salad Or Cheese Steak on a Roll, Mushrooms & Onions Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Thursday 08/17/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	BBQ Chicken, Potatoes, Sauteed Green Beans Or Veal Stew over White Rice, Stewed Vegetables Dessert: Assorted Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Submarine Sandwich, Lettuce & Tomatoes Or Tuna Salad Sandwich, Cucumber Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 08/18/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Lasagna w/ Bolognese Sauce, Winter Blend Vegetables Or Oven Roasted Turkey, Cornbread Stuffing, Green Beans Dessert: Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Chili Con Carne over Rice, Sauteed Zucchini, Baked Roll Or Egg Salad Sandwich, Grandma's Coleslaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Saturday 08/19/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Homemade Meatloaf w/ Dressings, Seasoned Potatoes, Glazed Carrots Or Calves Liver with Onions, Cream Corn, Stewed Tomatoes Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Sausage Parmesan Hoagie, Peppers & Onions Or Chicken Salad Sandwich, Marinated Tomato Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
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Week 4	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 08/20/2023	Coffee/ Tea Assorted Pastry	Omelet, Pastry Assorted Hot/ Cold Cereal	Pot Roast w/ Gravy, Buttered Noodles, Green Beans Or Hardwood Smoked Ham, Seasoned Potatoes, California Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Deli-Sliced Turkey Sandwich, Lettuce & Tomato Or Liverwurst Sandwich, Lettuce & Onions Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 08/21/2023	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Baked Chicken w/ Gravy, Sweet Potatoes, Peas & Carrots Or Pork Chops w/ Dressing, Cornbread Stuffing, Sauteed Squash Dessert: Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Homemade Vegetable & Egg Quiche, Broccoli Florets Or Meatball Sandwich on Roll, Marinated Vegetable Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 08/22/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Beef Stroganoff over Buttered Noodles, Sauteed Spinach Or Chicken Pot Pie, Oriental Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Tuna Sandwich, 3-Bean Salad Or Menu Planning Tool Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Wednesday 08/23/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Meatballs over Pasta and Homemade Sauce, Tossed Salad w/ Dressing Or Veal & Peppers over Seasoned Rice, Stewed Vegetables Dessert: Assorted Fruited Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Egg Salad Sandwich, Tomato Salad Or Salami & Swiss Sandwich w/ Coleslaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Thursday 08/24/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Baked Tilapia, Buttered Noodles, Vegetarian Blend Vegetable Or Salisbury Steak, Seasoned Potatoes, Winter Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Ham & Cheese Sandwich, Carrot Raisin Salad Or Cheese Dog with Sauerkraut, Baked Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 08/25/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Smothered Pork Loins, Seasoned Cous Cous, Sliced Carrots Or Oven Turkey w/ Gravy, Cornbread Stuffing, Zucchini Dessert: Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Herb Crusted Macaroni & Cheese, Stewed Tomatoes Or Cheesesteak On Roll, Peppers & Onions Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 08/26/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Veal Cordon Bleu, Rice, Spinach Or Stuffed Cabbage, Buttered Noodles, Spinach Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Hamburgers on Bun, Lettuce & Tomato Or Homemade Fish Cake Sandwich, Coleslaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 5	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 08/27/2023	Coffee/ Tea Assorted Pastry	Omelet, Pastry Assorted Hot/ Cold Cereal	Pork Chops w/ Gavy, Pasta, Glazed Carrots Or Breaded Flounder, Sweet Potato, Broccoli Florets Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Pepperoni Pizza w/ Tossed Garden Salad Or Cottage Cheese, Fresh Fruit, Baked Muffin Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks
Monday 08/28/2023	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Beef & Broccoli with Rice, Chinese Vegetables Or Calves Liver with Onions, Cream Corn, Green Beans Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Ham Salad Sandwich, Cucumber Basil Salad Or Tuna Salad Sandwich, Marinated Bean Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Tuesday 08/29/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Chicken Parmesan with Spaghetti, Tossed Salad Or Beef Pot Pie, Mixed Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Cheesesteak On Roll with Peppers & Onions Or Liverwurst Sandwich, Lettuce, Tomato, Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 08/30/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Homemade Meatloaf w/ Dressings, Mashed Potatoes, Winter Blend Vegetables Or Seasoned Chicken Legs, Macaroni & Cheese, California Blend Vegetables Dessert: Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Egg Salad Sandwich, Carrot Raisin Salad Or Grilled Corned Beef & Swiss Sandwich, Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 08/31/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Open Faced Turkey w/ Gravy, Cornbread Stuffing, Broccoli Florets Or Swedish Meatballs over Rice, Mediterranean Blend Vegetables Dessert: Fruited Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Hamburger on Bun, Lettuce & Tomato Or Chicken Caesar Sandwich on Roll, Marinated Vegetable Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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