



COMPLETECARE
— MANAGEMENT —

June- Complete Care Dining Service Inc. Monthly Menu

Week 1	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Tuesday 6/01/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Chicken Parmesan over Parslied Spaghetti, Tossed Salad Or Stuffed Salisbury Steak w/ savory Gravy, Garlic Mashed Potatoes, Glazed Carrots Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Philly Cheese Steak on a Roll, Pepper & Onions, Creamy Cole Slaw Or Classic Grilled Cheese Sandwich, Pickled Beets Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 6/02/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Homemade Meatloaf w/ Mushroom Gravy, Ranch Mashed Potatoes, Winter Blend Vegetables Or Veal Cordon Bleu, Parslied Noodles, California Mixed Vegetables Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Egg Salad Sandwich w/ Relish, Carrot Raisin Salad Or Fresh Corned Beef & Swiss Sandwich, Asian Fusan Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 6/03/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Opened Faced Turkey w/ Gravy, Stuffing w/ Peaches, Broccoli Florets Or Homemade Swedish Meatballs, White Rice, Mediterranean Blend Vegetables Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Swiss Burger, Tossed Salad Or Tuna Salad on a Croissant, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 6/04/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Sauerbraten w/ Ginger Gravy, Buttered Noodles, Red Cabbage Or Ham Steak w/ Glaze, Au Gratin Potatoes, Roasted Cauliflower Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Chili Con Carne over White Rice, Sauteed Green Beans Or Grilled Chicken Caesar Sandwich, Cucumber Basil Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 6/05/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	3 Cheese Manicotti w/ Chunky Bolognese, Tossed Salad Or Shrimp Scampi over Rice, Broccoli Rabe w/ Garlic Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Roast Beef Sandwich, Rainbow Slaw Or Chicken Salad, Garden Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

Menus are subject to change.

Week 2	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
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<p>Sunday 6/06/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Omelet & Pastry Assorted Hot/ Cold Cereal</p>	<p>Blackened Roast Turkey, Traditional Bread Stuffing, Winter Blend Vegetables Or Slow Cook Pot Roast, Fresh Sweet Potatoes w/ Marshmallows, Wax Beans Dessert: Assorted Ice Cream</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Breaded Crab Cake on a Roll, Creamy Dill Cole Slaw Or Turkey Salad on a Roll, Cucumber Tomato Salad Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Monday 6/07/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal</p>	<p>Jerk Chicken, Yellow Goya Rice, California Blend Vegetables Or Shaved Ham w/ Maple Glaze, Mashed Potatoes, Sauteed Zucchini Dessert: Assorted Pudding</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Deluxe Cheeseburger, Lettuce/ Tomato & Onion Or Hot Dog w/ Cheese, Sauerkraut, Baked Beans Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Tuesday 6/08/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal</p>	<p>Veal Cordon Bleu, Baked Potato w/ Sour Cream, Steamed Winter Blend Vegetables Or BBQ Salisbury Steak w/ Fried Onion Crisps, Buttered Noodles, Garlic Spinach Dessert: Assorted Cake/ Pastry</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Monte Cristo Sandwich on French Toast, Marinated Artichokes Or Grilled Cheese & Tomato, 3 Bean Salad Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Wednesday 6/09/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal</p>	<p>Stuffed Shells, Chunky Bolognese, Tossed Salad Or Hern Butter Chicken Halve, Seasoned Potatoes, Roasted Cauliflower Dessert: Assorted Fruited Jell-O</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Chicken Salad Sandwich, Carrot Raisin Salad Or Salami & Swiss on Rye, Fresh Spinach Salad Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Thursday 6/10/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal</p>	<p>Parmesan Crusted Tilapia, Sweet Mashed Potatoes, Steamed Broccoli Florets Or Breaded Veal Cutler, Rice & Lentils, Key West Blend Vegetables Dessert: Assorted Cake/ Pastry</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Ham & Swiss Sandwich, Lettuce & Tomato Or Cottage Cheese, Fruit, Freshly Baked Muffin Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Friday 6/11/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal</p>	<p>BBQ</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Chicken ranch Sandwich on a Roll, Caprese Salad Or California Burger, Lettuce, Tomato, Onion, Pickles Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>



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Saturday 6/12/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Pepper Steak over Rice, Oriental Vegetables Or White Herb Crusted Mac & Cheese, Stewed Tomatoes Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey & Provolone Sandwich, Cesar Salad Or Tuna Salad Sandwich, Creamy Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
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Week 3	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 6/13/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Baked Ham w/ Pineapple Glaze & Cherries, Fresh Sweet Potatoes, Sauteed Green Beans Or Roast Lamb w/ Mint Jelly, Mushroom Garlic Risotto Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Meatball Parmesan Sub, Broccoli Florets Or Italian Sandwich, Carrot Raisin Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 6/14/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Fresh Corned Beef, Boiled Potatoes, Sautéed Cabbage Or Coconut Crusted Cod, Succotash, Stewed Tomatoes Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Monet Cristo Sandwich on French Toast, Fresh Spinach Salad Or Taylor Ham, Egg, & Cheese on a Roll, Marinated Vegetable Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 6/15/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Spaghetti w/ Italian Sausage, Tossed Salad Or Stuffed Meatloaf, Scalloped Potatoes, Prince Edward Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Breaded Chicken Filet Sandwich w/ Honey Mustard, Lettuce & Tomato Or Beer Battered Cod on a Roll, 3 Bean Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 6/16/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Hungarian Goulash w/ Fresh Mushrooms, Parslied Noodles, Stewed Vegetables Or Stuffed Cabbage Rolls, Garlic Mashed Potatoes, Glazed Carrots Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Western Omelet Fritter, Tater Tots, Garlic Spinach Or Grilled Ham & Cheese, Harvard Beets Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Thursday 6/17/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Chicken Cacciatore over White Rice, Green Beans Or 3 Cheese Lasagna w/ Chunky Bolognese, Tossed Salad Dessert: Assorted Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Meat Submarine Hoagie, Marinated Artichokes Or Tuna Salad on a Kaiser Roll Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Friday 6/18/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Fish Chimichurri, Seasoned Potatoes, Steamed Broccoli Florets Or Peppercorn Crusted Turkey Breast, Stuffing w/ Peaches, Sautéed Spinach Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Hot Roast Beef Sandwich w/ Au Jus, Tossed Salad Or Chili Con Carne over White Rice, Sautéed Fresh Zucchini Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 6/19/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Cheese Stuffed Meatloaf, Mashed Potatoes, Buttered Carrots Or Liver & Onions, Cream Corn, Stewed Tomatoes Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Salad with Crumbled Bacon, Marinated Tomatoes Or Egg Salad Sandwich w/ Relish, Broccoli Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 4	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 6/20/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Sauerbraten w/ Ginger Gravy, Potato Pancakes, Sweet & Sour Red Cabbage Or Rosemary Crusted Turkey Breast, Stuffing, Garlic Asparagus Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Breaded Cod Filet on a Roll, 3 Bean Salad Or 3 Cheese Mac & Cheese, Mixed Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 6/21/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Spaghetti & Italian Meatballs w/ Roasted Broccoli Or Red Pesto Pork Chops, Dirty Rice, Sautéed Green Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Hot Dog w/ Cheese, Sauerkraut, Baked Beans Or Prime Rib Burger, Lettuce Tomato, Onion Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks
Tuesday 6/22/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Montreal Chicken Leg Quarter, Corn Bread Stuffing, California Blend Vegetables Or Liver & Onions, Mashed Potatoes, Winter Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Tuna Salad Sandwich, Carrot Raisin Salad Or Egg Salad Sandwich, Fresh Spinach Salad Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Wednesday 6/23/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Meatloaf w/ Onion Gravy, Buttered Noodles, Sugar Snap Peas Or Ham Roulade w/ Ricotta Cheese & Mozzarella, Scalloped Potatoes, Zucchini Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day BBQ Pulled Pork, String Beans Or Chicken Salad Sandwich on a Croissant, Rainbow Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Thursday 6/24/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Poached Tilapia w/ Creamy Dill Sauce, Seasoned Potatoes, Oriental Blend Vegetables Or Shepperd's Pie in a Pie Shell, Mixed Vegetables Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Sausage Pizza, Tossed Salad Or Grilled Chicken Sandwich, Marinated Beets Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 6/25/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	BBQ	Coffee/ Tea Assorted Snacks	Soup of the Day Philly Cheese Steak, Peppers & Onions Or Crab Cake on a Roll, 3 Bean Marinated Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 6/26/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Veal Marsala w/ Fresh Mushroom, Parslied Noodles, Seasoned Salad Or Swedish Meatballs, Broccoli, Rice Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day California Burger, Lettuce & Tomato Or Grilled Cheese w/ Tomato, Marinated Vegetable Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 5	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 6/27/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Stuffed Pepper Parmesan, Buttered Noodles, Glazed Carrots Or Island Style Chicken, Stuffing, Green Beans Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Potato Crusted Cod Sandwich, Marinated Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 6/28/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Chicken Chow Mein w/ Crunchy Noodles, White Rice, Chinese Vegetables Or Stuffed Pork Chop, Buttery Mashed Potatoes, Sauteed Cabbage Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Ruben Sandwich on Rye, Creamy Cole Slaw Or Tuna Melt on a English Muffin, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 6/29/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Spaghetti & Italian Meatballs, Tossed Salad Or Turkey Bowl w/ Sweet Potatoes, Zucchini Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Parmesan on a Roll, Marinated Cucumbers Or Sausage Peppers & Onions on a Roll, Fries Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Wednesday
6/30/2021

Coffee/ Tea
Assorted Pastry

Golden Brown
Pancakes w/ Maple
Syrup, Sausage
Assorted Hot/ Cold
Cereal

Fish Tenders, Creamy Mac & Cheese, Garlic
Spinach
Or Salisbury Steak, Rice, Asparagus
Dessert: Assorted Jell-O

Coffee/ Tea
Assorted Snacks

Soup of the Day
Roast Beef & Provolone Sandwich, Turkey &
Swiss Sandwich, 3 bean Salad
Dessert: Assorted Fruit

Coffee/ Tea
Assorted Snacks

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