



March- Complete Care Dining Service Inc. Monthly Menu

Week 1	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Monday 3/01/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup Assorted Hot/ Cold Cereal	Montreal Baked Chicken Quarters, Seasoned Potatoes, Glazed Carrots Or Smothered Pork Chops, Peach Stuffing, Garden Fresh Squash Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day 3 Cheese & Spinach Quiche, Broccoli Florets Or Meatloaf Parmesan Sandwich, Caprese Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 3/02/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup Assorted Hot/ Cold Cereal	Beef Stroganoff w/ Fresh Mushrooms over Parslied Noodles, Creamed Spinach Or Herb Buttered Chicken Halves, Maple Mashed Sweet Potatoes, Fresh Zucchini Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Tuna Sandwich, Marinated 3 Bean Salad Or Ham Sandwich, Pickled Beets Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Wednesday 3/03/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup Assorted Hot/ Cold Cereal	Homemade Baked Ziti, Meat Sauce, Tossed Salad Or Veal Cutlet, Seasoned Potatoes, Sauteed Cabbage Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Chicken Sandwich, Greek Salad Or Kielbasa, Cabbage, Boiled Potatoes Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 3/04/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Lemon Pepper Scrod, Rice Pilaf, Vegetarian Mix Vegetables Or Salisbury Steak w/ Mushroom Gravy, Baked Potato Wedges, Winter Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Cheese Dog w/ Kraut, Baked Beans Or Grilled Cheese w/ Ham, Carrot Raisin Salad Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Friday 3/05/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup Assorted Hot/ Cold Cereal	Crusted Pork Chops w/ Applesauce, Mushroom Risotto, Sauteed Green Beans Or Rosemary Crusted Turkey, Stuffing Muffins, Dill Carrots Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day BBQ Chicken, Stewed Tomatoes, Classic Mac & Cheese Or Steak Sandwich on a Roll, Peppers & Onions, Fries Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 3/06/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Stuffed Cabbage Rolls, Buttered Noodles, Key West Vegetables Or Island Style Chicken, Rice, Garlic Spinach Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Breaded Cod Sandwich, Creamy Cole Slaw Or Egg Salad w/ Relish, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 2	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 3/07/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Roast Pork w/ Sauerkraut, Bread Stuffing, Roasted Kale Or Roast Lamb w/ Mint Jelly, Fresh Sweet Potatoes, Broccoli Florets Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Specialty Meat Pizza, Tossed Salad Or Liverwurst on Rye, Lettuce & Tomato, Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 3/08/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup Assorted Hot/ Cold Cereal	Veal Stew over White Rice, Stewed Vegetables Or Poached Salmon, Cream Corn, Green Beans Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Ham Sandwich, Creamy Cole Slaw Or Cheese Blintz, Fresh Baked Muffin, Fresh Melon Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 3/09/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Chicken Parmesan over Spaghetti, Tossed Salad Or Stuffed Salisbury Steak w/ Mozzarella, Buttery Mashed Potatoes, Dill Carrots Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Philly Cheese Steak, Peppers & Onion, Cole Slaw Or Grilled Cheese w/ Tomato, Pickled Beets Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 3/10/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup Assorted Hot/ Cold Cereal	Stuffed Meatloaf w/ Spinach & Mozzarella, Garlic Mashed Potatoes, Winter Blend Vegetables Or Veal Cordon Bleu, Buttered Noodles, California Mix Vegetables Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Freshly Cooked Corned Beef Sand Swiss Sandwich, Asian Fusion Spinach Salad Or Classic Egg Salad w/ Relish Sandwich, Carrot Raisin Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 3/11/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Roast Turkey W/ Creamy Caper Gravy, Bread Stuffing, Broccoli Florets Or Swedish Meatballs over Classic White Rice, Mediterranean Blend Vegetables Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Deluxe Cheeseburger, Tossed Salad Or Tuna on a Croissant, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 3/12/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup Assorted Hot/ Cold Cereal	Slow Cooked Roast Beef, Buttered Noodles, Sweet & Sauer Red Cabbage Or Ham Steak, Au gratin Potatoes, Roasted Cauliflower Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Chili con Carne over Rice, Sauteed Green Beans Or Grilled Caesar Sandwich, Cucumber Basil Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Saturday 3/13/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	3 Cheese Manicotti, Chunky Bolognese, Tossed Salad Or Seafood Scampi over White Rice, Broccoli Rabe Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Roast Beef Sandwich, Rainbow Slaw Or Chicken Salad Sandwich, Garden Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
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Week 3	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 3/14/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Rosemary Crusted Turkey, Stuffing w/ Cranberries, Winter Blend Vegetables Or Slow Cooked Pot Roast, Fresh Sweet Potatoes, Wax Beans Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Breaded Crab Cake on a Roll, Creamy Cole Slaw Or Turkey Salad on a Roll, Cucumber Tomato Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 3/15/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup Assorted Hot/ Cold Cereal	Breaded Chicken Cutlet, Rice & Lentils, California Blend Or Shaved Honey Ham Lumpy Mashed Potatoes, Sauteed Fresh Zucchini Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Cheeseburger, Lettuce, Tomato, & Onion Or Cheese Dog w/ Baked Beans, Sauerkraut Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 3/16/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Veal Cordon Bleu, Baked Potato w/ Sour Cream, Winter Blend Vegetables Or Salisbury Steak w/ Mushroom Gravy, Buttered Noodles, Garlic Spinach Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Monte Cristo Sandwich on French Toast, Marinated Artichoke Salad Or Grilled Cheese w/ Tomato, Marinated 3 Bean Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 3/17/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup Assorted Hot/ Cold Cereal	Stuffed Shells w/ Chunky Bolognese, Tossed Salad Or Montreal Chicken Thighs, Seasoned Potatoes, Roasted Cauliflower Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Salad Sandwich, Carrot Raisin Salad Or Salami & Swiss Sandwich, Spinach Garden Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 3/18/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Baked Tilapia w/ Pepper & Onions, Mashed Sweet Potatoes, Buttered Broccoli Or Veal Cutlet, Dirty Rice, Key West Blend Vegetables Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Ham & Swiss Cheese Sandwich, Lettuce & Tomato Or Cottage Cheese & Fruit, Fresh fruit, Baked Muffin Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Friday 3/19/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup Assorted Hot/ Cold Cereal	Montreal Pork Chop, Traditional Stuffing, Sunshine Carrots Or Live & Onions, Creamed Corn, Green Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Breaded Chicken Filet, Caprese Salad Or California Burger, Lettuce, Tomato, Pickles Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 3/20/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Pepper Steak over Rice, Oriental Blend Vegetables Or White Herb Crusted Mach & Cheese, Stewed Tomatoes Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey & Swiss Sandwich, Caesar Salad or Or Tuna Salad, Creamy Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 4	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 3/21/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Baked Ham w/ Pineapple Glaze, Sweet Potatoes, Green Beans Or Roast Lamb w/ Mint Jelly, Lemon Risotto, Winter Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Meatball Parmesan Sub, Broccoli Salad Or Italian Sandwich, Carrot Raisin Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 3/22/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup Assorted Hot/ Cold Cereal	Slow Cooked Corned Beef, Sauteed Cabbage, Boiled Red Skin Potatoes Or Beer Battered Cod, Succotash, Stewed Tomatoes Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Monte Cristo Sandwich on French Toast, Spinach Salad Or Taylor Ham, Egg & Cheese, Marinated Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 3/23/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Spaghetti & Sausage Bolognese, Tossed Salad Or Meatloaf w/ Onion Gravy, Scalloped Potatoes, Prince Edward Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Caesar Filet, Lettuce Tomato Or Seafood Salad on a Croissant, 3 Bean Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 3/24/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup Assorted Hot/ Cold Cereal	Hungarian Goulash, Buttered Noodles, Stewed Vegetables Or Stuffed Cabbage Rolls, Garlic Mashed Potatoes, Dill Carrots Dessert: Assorted Fruited Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Western Omelet, Garlic Spinach, Tatar Tots Or Grilled Ham & Cheese, Harvard Beets Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks



COMPLETECARE
— MANAGEMENT —

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Thursday 3/25/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Adobo Chicken, Yellow Rice, Green Beans Or 3 Cheese Lasagna w/ Meat Sauce, Tossed Salad Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Italian Hoagie, Marinated Artichoke Salad Or Tuna Salad Platter, Cole Slaw, Potato Salad, Crackers Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 3/26/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup Assorted Hot/ Cold Cereal	Salsa Topped Tilapia, Baked Potato, Broccoli Florets Or Peppercorn Turkey, Stuffing Muffins, Sautéed Spinach Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Hot Roast Beef Sandwich w/ Au Jus, Tossed Salad Or Chili Con Carne over White Rice, Sautéed Zucchini Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 3/27/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Tex Mex Meatloaf, Old Bay Seasoned Potatoes, Baby Carrots Or Liver& Onions, Cream Corn, Stewed Tomatoes Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Salad Sandwich, Marinated Tomatoes Or Egg Salad w/ Relish, Broccoli Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 5	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 3/28/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Sauerbraten w/ Ginger Gravy, Potato Pancakes, Red Cabbage Or Open-Faced Turkey , Stuffing, Asparagus Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Potato Crusted Cod on a Roll, Marinated 3 Bean Salad Or 3 Cheese Mac & Cheese, Mixed Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 3/29/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup Assorted Hot/ Cold Cereal	Spaghetti & Italian Meatballs, Roasted Broccoli Or Breaded Pork Chop w/ Applesauce, White Rice, Green Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Cheese Dog w/ Sauerkraut, Baked Beans Or Swiss Burger w/ Lettuce, Tomato, Onion Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks
Tuesday 3/30/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Fried Chicken w/ Corn Bread Stuffing, California Mix Vegetables Or Liver & Onions, Mashed Potatoes, Winter Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Tuna Salad Sandwich, Carrot Raisin Salad Or Egg Salad w/ Relish, Fresh Spinach Salad Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks



COMPLETECARE
— MANAGEMENT —

March- Complete Care Dining Service Inc. Monthly Menu

Wednesday
3/31/2021

Coffee/ Tea
Assorted Pastry

Golden Brown
Pancakes w/ Maple
Syrup
Assorted Hot/ Cold
Cereal

Homemade Meatloaf w/ Mushroom Gravy,
Buttered Noodles, Sugar Snap Peas
Or Baked Have w/ Maple Glaze, Scalloped
Potatoes, Fresh Zucchini
Dessert: Assorted Cake/ Pastry

Coffee/ Tea
Assorted Snacks

Soup of the Day
BBQ Pulled Pork on a Roll, String Beans
Or Chicken Salad Sandwich, Rainbow Slaw
Dessert: Assorted Fruit

Coffee/ Tea
Assorted Snacks

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